



Internship Program Overview

For Master Level Clinical Mental Health

Owens Counseling & Therapy

Lake in the Hills, St. Charles, Schaumburg, Collinsville, IL

[Website](#)



What We Offer

Weekly Individual Supervision

Ongoing clinical guidance and support to help you grow in confidence and competence.

Bi-Weekly Intern Meetings

Every other Tuesday at 1:00 PM (Virtual)

Collaborate, consult, and connect with fellow interns.

Monthly Clinical Team Meetings

4th Wednesday of every month at 11:00 AM (Virtual)

Engage with our full clinical team and participate in case consultation.

Monthly Intern Seminar

Once a month (Virtual)

Focused training and skill-building opportunities.

Session Observation Opportunities

When available and with client consent, interns may observe sessions to enhance learning.

Group Therapy Experience

Opportunities to gain hands-on experience in a group therapy setting.

Administrative Shadowing

Optional opportunities to shadow administrative staff (based on availability).

Team-Based Support

Guidance and encouragement from our entire clinical and administrative team.

Engage in Team Activities/Events

Community fairs, site tours of other professional facilities, team lunches, marketing/networking events, & more!

Post-Hours Compensation Opportunity

If all required internship hours (direct AND indirect) are completed prior to graduation, interns will receive \$15 per billable hour for sessions conducted until graduation.

Internship Expectations

Practicum/Internship Hour Requirements

Though some universities may have slightly different requirements for students, we follow the typical standard of required hours by the state for practicum and internship.

- Practicum: 100 total hours (minimum 40 direct – 60 indirect)
- Internship: 600 total hours (minimum 240 direct – 360 indirect)
- Grand Total: 700 hours

Professional Responsibilities

Interns are expected to independently manage:

- Outlook email
- Ooma Office phone and text line
- EnableDoc EHR system (meaning client scheduling, the notes system, blocking time for meetings, etc.)

Office Access

Interns are provided keys to office locations.

Client Availability

General Idea of Preferred Availability:

- Evenings and weekend mornings
- 2-8pm during the week
- 9am-1pm weekends

These above-mentioned slots tend to fill the fastest and are most in demand. *Not every day you are interning must be those exact hours, though at least one late evening is required.*

Three days per week is preferred.

Practice at Multiple Locations

Interns will see clients at two office locations (dependent on office availability)

Professional Contribution

Interns will complete at least **two blogs or vlogs** during their practicum/internship, which will be featured on our website and social media platforms.

Populations Served

We offer individual, family, couples, & group counseling. We see clients of all ages (3+). Children, adolescents, young adults, adults, & older adults! We do our best to provide each intern with experience with all of it - a wide range of ages, populations, presenting concerns, types of counseling, etc.

Socials

